



# Midcoast UU News

Telephone: 350-0210

August 2008

**Sunday, August 3 at 10:30 am**

***Darwin at 199: A Warning***

—Peter Richardson

“Brace yourselves! As Darwin’s 200th birthday approaches, it is not the fundamentalists we need to worry about the most.”

The Rev. Peter Tufts Richardson was ordained in Kent, OH, in 1965 and served congregations in Midland, TX, Needham and Andover, MA, and Kennebunk, ME. He and his wife, Eleanor, live in Rockland. Rev. Richardson is author of several books, including *Four Spiritualities*, *Archetype of the Spirit*, *The Boston Religion*, and *Exploring Unitarian Universalist Identity*. He is author of the UU source statement: “Wisdom from the world’s religions which inspires us in our ethical and spiritual life.” His web site is [www.redbarnrockland.com](http://www.redbarnrockland.com). His parents, Elford and Eleanor Richardson, were among the founders of the Midcoast UU Fellowship.

**WANTED:** The Harvest Supper committee is seeking cookbook recommendations and recipes featuring garden products that will be helpful in implementing our “eat local products” theme.

“Help us to be the always hopeful gardeners of the spirit who know that without darkness nothing comes to birth as without light nothing flowers.”

—May Sarton

**Sunday, August 8 at 10:30 am**

***The Sound of the Divine Feminine***

—Andrea Goodman

The Rev. Andrea Goodman was ordained ten years ago in the Ministry of Maat, whose purpose is the nurturing of worldwide harmony and balance. A professional singer and actress, she is the founder of Ruby-Throated Spirit in Boothbay, Maine, where she offers spiritual counseling using the tools of sound healing, astrology, tarot and Reiki, hosts retreats, creates sacred ceremonies, teaches singing, composes and writes. Her first book, *Lightning Holds My Hand, A Woman’s Journal of Guidance*, will be out very soon. For more about her work, visit [www.rubythroatedspirit.com](http://www.rubythroatedspirit.com)

**Sunday, August 17 at 10:30 am**

—Danielle Di Bona  
(Our Interim Candidate!)

“How does the spirit of gratitude and sense of abundance play out in our lives? Practicing gratitude is an opportunity for us, as Unitarian Universalists, to live out our faith and to engage in deep spiritual practice and growth.”

The Rev. Danielle Di Bona is our candidate for the Interim Minister position at Midcoast UU Fellowship. Please find her bio elsewhere in this newsletter. **A vote on the candidacy will follow the service.**



**Sunday, August 24 at 10:30 am**

—Bruce MacDonald

Bruce will be framing some of our current political issues in a religious/spiritual context. Bruce is currently serving as the Representative for Maine House District #61. He and his wife, Georgia Ireland, live in Boothbay and are members of the Fellowship.



## UPCOMING DATES:

**August 4 Monday**—The Poetry Group, 1:30 pm at the Duncans’, East Boothbay.

**August 11 Monday**—MUUF Board Meeting, 6 pm at the CEI, Wiscasset.

**August 12 Tuesday**—Sunday Program Committee, 9:30 am at the Baileys’, Newcastle.

**August 26 Tuesday**—The Lunch Bunch, noon at the Edna Rose Cafe, Wiscasset. (Fort Hill Road, South from Route 1) Topic: “What specific position would you like to see the Presidential candidates take on foreign policy?” Reserve with Andrew Twaddle before August 16.

**Sunday, August 31 at 11:30 am**

(Note later time)

**Our annual Labor Day Weekend Family Picnic** will be held at Roger and Ann Foskett’s, 313 Bayview Rd., Damariscotta Mills. Bring a contribution to the potluck luncheon and a lawn chair, if you have one handy. For directions, call: 563-8559.

## Thank You From Kitsy President's Message

What perfect keepers of secrets you are—every single one of you! I hadn't a **clue** about what would "interrupt" our Sunday services on both June 22 and 29. On the 22<sup>nd</sup>, when you honored me with the MUUF Founders' Award, I was stunned, delighted, and certain that, of course, that would be it. (Well, possibly a cake to go with the coffee hour on my final Sunday a week later.) Oh, no! You did it again on the 29<sup>th</sup>! Awash with tears of amazement, joy and grief, I was treated to spoken testimonials (and a purple notebook containing some of them in written form) and the gift of an exquisitely multi-patterned/multi "patched" purple jacket (which, when I got home, I discovered, is **reversible** to a totally different purple pattern—with contrasting pockets! A reversible stole of the same materials accompanied the jacket. **I love it!** Then the cake, made by Sandy Barth's cake-baking friend. The edible inscription: "We will be with you wherever the crow leads. We love you, Kitsy" (The crow is my totem animal.) The decorative theme was clearly the Universe Story (or so I imagine it), with large edible stars and an Earth-like facsimile of the chalice design that adorns the MUUF lectern—along with a crow! I thank **all** of you who played any part in any of this. Specifically I want to thank Barbara Prose and John Adams who fulfilled my musical wishes for that last service—and I got to sing a duet with John (keep beating, my heart)! Also thanks to Sandy for the order of service, arranging for the cake, and presenting me with photos of the 29<sup>th</sup> to remind me of the day. Thanks to Jim McQuaide who not only engraved the plaque to go on the wall, but also made an extra one just for me to place wherever I choose. And thanks to those of you who know me well enough to know that purple is **my** color and the crow is **my** bird, and so many other things that I'll never tell; I know **you** had a big hand in this. Finally, thank you **all** for allowing me to be your minister for ten years—and for the privilege so many of you allowed me of entering your lives. I shall follow your path with interest, cheering you on all the way.

With much love,  
Kitsy

Thank you, to Dick Miller, chair, Jean Howe, and June Phillips for leading our Canvass for 2009. They have already gotten things rolling forward and plan to speed up the 2009 Pledge Campaign. Everyone will be receiving their pledge letters in September with plans to get our pledge information in time to **vote on a final budget at our November 9 Annual Meeting.**

I invite each of you to consider what gift of time you can make to MUUF in 2009. In our Fellowship we have great talent and diverse expertise that can help MUUF in many exciting ways. Our nominating committee (Dick Miller, Kate Pennington and Chuck Reinhardt) would be delighted to receive volunteers for the officers of the Board, Trustees,

and nominating committee duties. Additionally the Board continues to seek volunteers to invigorate the Membership Committee.

During this transitional time it is very important for everyone to be a part of building our future together. MUUF's second twenty-five years will depend on a second generation of "Founder's" to provide the guidance and strength to reach our Fiftieth Anniversary. Fortunately we have some of our original Founder's still leading the way for MUUF. But there is a need for **everyone** to participate in growing the Fellowship, both with generous financial support and time commitments to our many volunteer needs.

Peace,  
Mary

## Meet Our Candidate for Interim Minister

The Rev. Danielle Di Bona is an ordained Unitarian Universalist Community minister who, in the last 12 years, has served as a Consulting Minister at the Unitarian Universalist Church of Canton, Ohio; a hospice chaplain, and a Program Coordinator in the Faith in Action Department at the UUA.

Rev. Di Bona is a graduate of Smith College (Ada Comstock Scholar) and holds a Masters of Ministry from Ursuline College.

Danielle, a long-time member of Diverse and Revolutionary Unitarian Universalist Multicultural Ministries (DRUUMM), served as 1<sup>st</sup> Vice President/President Elect and 2<sup>nd</sup> Vice President and in that capacity, moderated the Ministry Working Group. She is now the newly elected DRUUMM President, beginning a two-year term.

Rev. Di Bona served as Vice President, Clerk, and Outreach Coordinator for the Unitarian Universalist Womens Federation, and now chairs

the UUWF's Marjorie Bowns Wheatley Scholarship Fund. In addition she serves on the Ministerial Advisory Committee to the President of the Unitarian Universalist Service Committee.

Rev. Di Bona is a Wampanoag Indian and has been active in Native American issues, especially those affecting children, such as the inappropriate use of Indian images as mascots in sports and the media.

Danielle lives in Thomaston, Maine with her husband of 17 years, Larry Beck, who is a long-time Unitarian Universalist. She and Larry share their home with three dogs Spenser Chagall, Poquita Maria, and Smitty Sue, and G.D. Lucky the cat. Danielle spends her spare time in the dog obedience and dog agility rings training and showing her Soft Coated Wheaten Terrier, Spenser Chagall. You can often find her running around her back yard, coaxing Spenser over the jumps.

## Moderated forum about the 2009 UUA Presidential Elections

Next year at General Assembly we UUs will elect a new president for our association.

Our candidates are: the Reverends Dr. Laurel Hallman and Peter Morales. Martin Voelker has created a moderated forum to discuss their

platforms publicly in a civil manner. The forum is now posted with an introduction and opening speeches of the Candidates. This can be found at <http://uuapresidentialdebate2009.wordpress.com>

## RE News

The RE program is taking a summer break from our school-year schedule of SpiritPlay, The Universe Story, and Bible stories. We are offering “creative childcare” on those Sundays when children are in attendance. Members of the RE Committee are filing in most weeks since three out of our four teenage caregivers have summer jobs that keep them busy on Sundays.

The RE Committee continues to search for the right person to hire as RE Coordinator (a part-time paid position of 18 hours per month). **We will be inviting all Fellowship members to meet with us on an afternoon or evening in September so we can share information about our needs and hopes for the RE program.** Watch for more details of this meeting as soon as they are finalized. October 5 has been designated RE Sunday, and the RE Committee and youth members will present the service that day.

## Fund Raising Events News

**September 13** has been targeted as the best date to hold the **Harvest Supper**. Coming one week before the MOFGA Common Ground Fair and also as the Maine public schools are celebrating locally grown foods, the table will already be set, so to speak, for our event.

Sylvia Bailey, Mabel O'Brien and Mimi Moore are presently organizing the menu and the committee details so that everyone will have an opportunity to participate. If you have a suggestion and were not able to give it at the recent meeting please call Mimi at 882-6299. Again this year, community outreach is important. We are trying to think of new ways to welcome and entertain visitors so that they get to know us better.

**Other fund raisers** which have not yet been scheduled are a Yard Sale, a Musical Evening, a Book Signing and an Auction. It is not too early to express interest in one of these projects. Another idea that has yet to take off is donating items to sell on eBay.

Watch for future news regarding **Quarts of Blueberries** to be delivered by someone from your fundraising committee for your purchase. A donation of approx. 120 lbs. will be donated with 100% of the profit for the Fellowship from 7 Tree View Farm in Warren Maine.

## Message From The Board

When the need for “ministerial help” arises—wedding, family illness/situation, death in the family, or any other need where a minister would be able to guide, please immediately get in touch with a Board member; and

she/he will get ministerial help for you. The Board officers and trustees are listed on the back page of your newsletter. The revised Fellowship Directory will also be in your hands some time in August.

## Green Sanctuary Gleanings

### A Better World for Butterflies

A recent article in National Wildlife reminds us that, “Everywhere you look, there are butterflies in decline. That really tells us something is wrong. “These colorful insects are essential to many ecosystems being important pollinators for plants and providing a source of food for many animals. As the butterflies begin to vanish, we lose much more than beauty and color in our lives.

What to do? Plant caterpillar- and butterfly-friendly flora. Perhaps you can pick up some of these perennials on sale during August. Then you will be all set for the rest of the summer and next spring.

### Food Plants for Caterpillars: Trees

Douglas fir and pines

### Garden Flowers and Ground Covers

hollyhock  
Kinnikinnik

### Vegetables

broccoli, cabbage  
beans  
carrot, dill, fennel, parsley

### Common “Weedy” Species

nettle  
clover (*Trifolium* spp.)

### Flowering Plant for Butterflies:

mock orange (flowers June/July)  
mountain balm (flowers April/May)  
pearly everlasting  
(flowers August/September)

### Garden Shrubs

butterfly bush (flowers all summer)  
lilac (flowers April/May)  
viburnum (flowers April/May)

### Garden Flowers

bee balm (flowers June/July)  
black-eyed Susan  
(flowers all summer)  
lavender (flowers June/July)  
phlox (flowers June–August)  
purple cornflower

(flowers July–September)  
information was taken from [http://www.zoo.org/bflies\\_blms/help.html#](http://www.zoo.org/bflies_blms/help.html#)

### Eco-Friendly Beijing Olympics?

The July/August 2008 edition of Sierra investigates just how far Beijing has come in fulfilling its pledge to make its Games green:

Solar energy will warm the shower water in the Athletes Village and help power stadiums for soccer, track, and softball.

A wind farm is estimated to provide up to 20% of the energy for the games.

The aquatics center will recycle water and heat the pool with solar power.

Some of Beijing’s dirtiest coal-fired plants have been shut down to improve air quality.

Half of Beijing’s 3.5 million vehicles will be barred from city roads to limit pollution during the Olympics.

### Tips for Beach-Goers

Check out air (<http://maine.gov/dep/air/ozone/>) and beach water quality (<http://www.mainehealthybeaches.org/index.html>) before you go.

Ozone layer depletion = Sun first (taken from <http://www.weather.com/activities/health/skin/sun-safety/tips.html>)

When possible, avoid outdoor activities between the hours 10 am and 4 pm, when the sun’s rays are the strongest.

Always wear a broad-spectrum (protection against both UVA and UVB) sunscreen with a Sun Protection Factor (SPF) of 15 or higher. Be sure to reapply sunscreen frequently, especially after swimming, perspiring heavily or drying off with a towel.

Wear a hat with a 4-inch brim all around because it protects areas often exposed to the sun, such as the neck, ears, eyes, forehead, nose and scalp.

Wear clothing to protect as much skin as possible—long-sleeved shirts, long pants, or long skirts.

To protect your eyes from sun damage, wear sunglasses that block 99 to 100 percent of UVA and UVB radiation.

## Pledge Drive in September!

This is another reminder that our annual pledge drive for 2009 will be held during the month of September. As we plan ahead in making our decisions on a personal pledge, there are several considerations to keep in mind. The cost of fuel oil is rising so rapidly that our current Edgecomb Town Hall rental fee of \$60 per Sunday may increase. We also are in the process of hiring both an R.E. Director and a part-time Interim Minister. Please keep in your mind "what the Midcoast Unitarian Universalist Fellowship means to me and to the Midcoast area", as you ponder the question of your support of our Fellowship.

Dick Miller, Pledge Drive Chairman

**Remember our website: [www.uumidcoast.org](http://www.uumidcoast.org)!** Go there for more information about MUUF events and links to other UU sites. You can also always download the latest newsletter from the website, in case you missed it by mail or email.

## Fellowship Minister and Board of Directors

**President:** Mary Neal

**Vice-president:** Stephen Cole

**Secretary:** Mimi Moore

**Treasurer:** Jean Howe

**Trustees:** Sue van Alsenoy  
Anne Flanagan  
June Phillips

**Nominating Committee:**

Charles Reinhardt  
Kate Pennington  
Dick Miller

**Minister of Music & Pianist:**

Barbara Prose

**Director, Religious Exploration:**

Open

**Newsletter:** Lindy Gifford

Donna Dolham

**Public Relations:** David Bailey

Judy Linker

**Committee Chairs**

**Sunday Programs:** Sandra Barth

**Music:** Suzanne Carlson

|             | <b>Coffee/Tea</b> | <b>Greeter</b> |
|-------------|-------------------|----------------|
| <b>8/3</b>  | Barnes/Howe       | Leff/Fenster   |
| <b>8/10</b> | S. Barth          | Pennington     |
| <b>8/17</b> | A/B Flanagan      | Kortemeier     |
| <b>8/24</b> | Elwin             | Lannan         |
| <b>8/31</b> | M&J /Smith        | Moore          |
| <b>9/7</b>  | Mathews/Rich      | Miller         |



## Columbus Day Weekend on Martha's Vineyard

The Unitarian Universalist Society of Martha's Vineyard invites you to join us over Columbus Day Weekend, October 11–13, 2008. Fall is the best season of all on the Vineyard. Just ask any year-rounder. The crowds are gone, the air is crisp, the water is still plenty warm for a swim. Birdlife is on the move along with the striped bass and the blues. There's no better time to hike and bike our unspoiled trails and backroads. So come on over. We'll put you up with host UU families, treat you to a seafood supper and entertainment, offer an Island tour and welcome you to Sunday service at historic Stevens Chapel. For complete information, see our website at [www.uusmv.info](http://www.uusmv.info) (B&B Weekend link) or e-mail us at [cdevito@comcast.net](mailto:cdevito@comcast.net). We'd love to see you on the Island.

**September 26 – 28, 2008**

**Fourteenth Annual B&B Weekend** offered by the UU Church of Rutland, VT. Enjoy the beauty of Vermont, UU hospitality, and a choice of guided activities: hiking, kayaking, bicycling, antiques/arts, cider making historic tour, soaring tour, touring historic sites and quaint towns, and much more. Registration by August 1, \$250 (single) and \$450 (double). After August 1, \$300 (single) and \$500 (double). For more information contact [uufoliagevermont@yahoo.com](mailto:uufoliagevermont@yahoo.com) or (802) 353-7969.

**Hospitality Schedule July–December**

| <b>2008</b> | <b>Coffee</b>  | <b>Greeters</b> |
|-------------|----------------|-----------------|
| July 6      | Balch/Matrai   | O'Brien         |
| July 13     | Salvo          | B&A Flanagan    |
| July 20     | Fosket         | Linkers         |
| July 27     | E.Davis        | Wolf/Neal       |
| Aug. 3      | Barnes/Howe    | Leff/Fenster    |
| Aug.10      | Barth          | Pennington      |
| Aug.17      | A/B.Flanagan   | Kortemeier      |
| Aug. 24     | Elwin          | Lannan          |
| Aug. 31     | M&J /Smith     | Moore           |
| Sept. 7     | Mathews/Rich   | Miller          |
| Sept. 14    | Kleinkopf      | McQuaide        |
| Sept. 21    | Gifford /Cole  | Carlson/Strong  |
| Sept. 28    | Linker         | Elwin           |
| Oct. 5      | VanAlsenoy     | Hancock/Drums   |
| Oct. 12     | Ginger         | Mathews/Rich    |
| Oct. 19     | Pennington     | Balch/Matrai    |
| Oct. 26     | Bailey         | Gifford/Cole    |
| Nov. 2      | Dolham         | Wolcott/Twaddle |
| Nov. 9      | O'Brian        | Howe/Thompson   |
| Nov. 16     | Wolfe/Neal     | Kleinkopf       |
| Nov. 23     | Miller         | M/J Smith       |
| Nov. 30     | Kortemeier     | Frederick       |
| Dec.7       | Carlson/Strong | Barth/Salvo     |
| Dec. 14     | Loney          | VanAlsenoy      |
| Dec. 21     | McQuaid        | Foskett         |
| Dec. 28     | Frederick      | Kettley/Dolham  |